Odisha University of Health Sciences Dhanwantari Bhavan, Bhubaneswar, Odisha

LOG BOOK For POST GRADUATE STUDENTS

Department of: PSYCHIATRY

Name of the Institution:

Prepared by: Log book Committee (Broad Specialties) 2023 OUHS, Bhubaneswar

ODISHA UNIVERSITY OF HEALTH SCIENCES, DHANWANTARI BHAVAN, BHUBANESWAR.

LOG BOOK for POST GRADUATE STUDENTS

Department of: PSYCHIATRY

Name of the Institution:

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CERTIFICATE

T	his is to cer	tify th	at, this	logbook contai	ns bor	nafide work	of	
Dr						,	a	Post-
Graduate	student	of	the	Department	of	PSYCHIA	TRY	of
						, Odisha	for	the
session								
Date:								
Post Graduate Guide						Head of the	Depai	rtment

Dean & Principal

GENERAL INSTRUCTIONS:

This log book is intended to be a record of all the activities of Postgraduate students, as they perform and participate in the course, including training.

- 1. It shall solely be the responsibility of the student to ensure that, the desired entries are made in day-to-day basis and relevant documents if any are kept.
- 2. It shall be the responsibility of the HOD to ensure that, all students maintain their log books in an orderly manner.
- 3. Each student shall enter his/her leave record in the concerned section immediately after returning from leave.
- 4. The learners feedback form should be filled up before submitting the log book for the University Examination. It is expected that, students should give their feedback with all seriousness and help the University in improving and strengthening the Postgraduate education.
- 5. Submission of Logbook: The up-to-date log book is a pre-requisite for fill up of forms for the University Examination and hence the completed Logbook shall be submitted to the department when the same is asked for.
- 6. INSTRUCTIONS FOR FILLING THE LOG BOOK:

would	Note: All assessments be in Likert's5- ale/score:						
Score	Interpretation						
0	Poor	Poor					
1	Below average						
2	Average						
3	Good	U					
4	Very good						

- a. All entries should be properly entered and duly signed from the Supervisor / Unit In charges / Guide / HOD, as required.
- b. Under Instructions from the Head of Department, suitable corrections can be incorporated.
- c. Research participation pertaining to Conferences, Poster / Oral presentation and publication shall be entered directly in a Consolidated form.
- d. At the end of training, it's mandatory to fill up the feedback form and submit it to Postgraduate Office.
- e. It is an integral part of practical evaluation in the University examination.
- f. After the practical examination it shall be returned back to the student.
- g. There would be periodic evaluation regarding maintenance of log book by Postgraduate education office, and in case of any deficiency, the student would be responsible and suitable action may be taken against them for the same.
- h. Additional pages [if required] can be added.

PERSONAL PROFILE OF THE STUDENT:

Name:	
Address:	
E-mail ID:	
Phone No.:	Paste your PP size Photograph
DOB (dd/mm/yy):	i notogi apn
Blood group:	
Vaccination status:	

Registration Number: Name of the Medical Council:		Valid up to:	

|--|

Qualification Details	College	University	Month & Year of completion
MBBS			

Experience before joining:

Designation	Department	Institution	From	То

Date:

Signature of the PG student

COURSE DETAILS:

Degree / Diploma	
Date of Joining	Date of completion

Details of Postings [as per Curriculum by NMC]:

Unit / Specialty / Section	Year of PGT	From	То	Duration

Participation in Research Methodology training:

Name of the Institution	From	То	Signature of the Guide / HOD

Participation in BCBR Course

Name institu	the	Date of registration	Date examination	the	Date publication result	Signature the HOD	of

Participation in BCME training:

Name of the Institution	From	То	Signature of the HOD

Participation in BCLS / ACLS training:

Name of the Institution	From	То	Signature of the HOD

Leave record:

Sl. No.	From	То	Reason:	Signature of the Unit Head
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Total No. of Leaves				

Signature & Seal of the Head of Department

	DETAILS OF PARTICIPATION IN ACADEMIC PROGRAMS:									
SI. No.	Date	Name of the Academic Program	International / National / State / Institutional Event	Organized by	Nature of participation [Delegate / Presentation if any]	Initials of the HOD				
1										
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PUBLICATIONs						
Title:						
Authors:						
Name of the journal:						
Indexed in [NMC approved agency only]:						
Status of publication:						
Citation if published:						
Title:						
Authors:						
Name of the journal:						
Indexed in [NMC approved agency only]:						
Status of publication:						
Citation if published:						
Title:						
Authors:						
Name of the journal:						
Indexed in [NMC approved agency only]:						
Status of publication:						
Citation if published:						

Internal Assessment Results:

Year		Theory [100]	Practical/Clinical/ Oral [100]	Total out of 200 [%]
1 ST	Ι			
	II			
	III			
2 ND	Ι			
	II			
	III			
3 RD	Ι			
	Prelims			

Date:

Signature & Seal of the Head of Department

DETAILS OF THE DRP SCHEDULE [AS PER CURRICULUM BY NMC]:

Name of the Institution	Year of PGT	From	То	Duration

Sl. No.	Day / Date	Place work	of	Nature work	of	 Activity learn [Should include: 1. Patient care / Diagnostic services as per the subject. 2. Health care Management activities both HR & Logistics, Communication skill. 3. Team work 	Level of participation [Observation / Performs under observation / Performs independently]	Signature of the DRPC
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REFLECTIONS	

CERTIFICATE OF COMPLETION OF DISTRICT RESIDENCY PROGRAM

It is certified that Dr.	has
satisfactorily completed the District Residency program w.e.f.	to
During his/her District Residency Program training	g at
District, his / her performance has been reported to	be
Department: Date: Place:	
Signature of Guide / Mentor Signature of Head of Department	
Signature of the District Residency Program Coordinator	

Signature of the Medical Superintendent

Signature of the CDM PHO

STRUCTURED TRAINING PROGRAM:

Teaching learning methods:

- 1. Lectures: minimum.
- 2. Journal club: once in a week.
- 3. Student Seminar [Topic]: once in a week.
- 4. Case conference: once in a week.
- 5. Psychosomatic rounds: once in a week.
- 6. Psychotherapy tutorials.
- 7. Extramural activities [Seminars &lectureswith Departments of Sociology, Psychology, Neurology etc.
- 8. Rotational clinical / community / institutional postings:

Sl.	Section / Subject	Duration in months
No		
•		
1	Ward & OPD concurrent	18
2	Neurology	2
3	Emergency Medicine/ Internal Medicine	1
4	Consultation Liaison Psychiatry	3
5	Psychiatric hospital and Forensic Psychiatry	1
6	Clinical Psychology	1
7	Addiction Psychiatry	3
8	Child and Adolescent Psychiatry	3
9	Community psychiatry	2#
	# Exposure to community-based services should be	
	integral to various postings.	
10	Elective posting	2

9. UG Teaching:

Evaluation of STUDENTS SEMINAR PRESENTATION:										
Guidelines for evaluation of Seminar Presentation										
SI. No.	Poin	Points to be considered								
1	Whe	ther other relev	ant publications consulted							
2	Whe	ther cross refere	ences have been consulted							
3		pleteness of pre								
4		ty of Presentati								
5		erstanding of su								
6		ity to answer qu								
Corollar	ry Grading in	all checklists	: Poor-0, Satisfactory-1, Average	ge-2, Good-3, Very Good-4.						
SI. No.	Date	IP No. /OP No.	Name of the patient	Diagnosis &treatment done	Average Grade*	Initials of Guide/ Faculty				
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Evalua	ation of C	CLINICAL CAS	E PRESENTATION / CAS	SE CONFERENCE:						
Guide	lines for o	evaluation of Cli	inical Case Presentation/ C	Case Conference						
SI. No.	Po	Points to be considered								
1	Co	Completeness of history								
2	Cl	arity of presentation	on							
3	Lo	gical order								
4	Ac	curacy of general	physical examination							
5	Di	agnosis								
6	Ał	oility to defend dia	gnosis							
7		pility to justify diff								
8			gement of the case							
Corolla	ary Gradi	ng in all checklist	ts: Poor-0, Satisfactory-1, Av	verage-2, Good-3, Very Good-4	ŀ.					
SI. No.	Date	IP No. /OP No.	Name of the patient	Diagnosis &treatment done	Average Grade*	Initials of Guide/ Faculty				
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Evalua	tion of P	SYCHOMOTO	OR ROUNDS:							
Guidel	ines for	evaluation								
SI. No.	Po	Points to be considered								
1		Completeness of history								
2	Cl	Clarity of presentation								
3	Lo	gical order								
4			l physical examination							
5	Di	agnosis								
6	Al	oility to defend di	agnosis							
7	Al	oility to justify di	fferential diagnosis							
8	Al	pility to plan man	agement of the case							
Corolla	ary Gradi	ng in all checkli	sts: Poor-0, Satisfactory-1, Av	verage-2, Good-3, Very Good-4	1.					
SI. No.	Date	IP No. /OP No.	Name of the patient	Diagnosis &treatment done	Average Grade*	Initials of Guide/ Faculty				
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	Evaluation of JOURNAL REVIEW PRESENTATION:									
-			ation of Journal Review Presentation							
SI. No.		Points to be considered								
1		Article chosen is relevant and appropriate								
2		Extent of understanding of scope & objectives of the paper by the candidate								
3			er understood the Material, Methods, Observati	ion and statistical analy	vsis					
4	V	Whethe	er cross references have been consulted							
5	A	Ability	to respond to questions on the paper / subject							
6	A	Ability	to analyse the paper and co-relate with the exist	sting knowledge						
7	A	Ability	to defend the paper							
8	(Clarity	of presentation							
Coroll	ary Grad	ding in	all checklists: Poor-0, Satisfactory-1, Average	-2, Good-3, Very Good	1-4.					
SI. No.	Dat	te	Journal Topic	Presented / Participated	Average Grade*	Name of the Moderator	Initials of the Moderator			
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			AND ROUNDS IN THE D								
			ademic grand ward rounds	•							
SI. No.		Points to be considered									
1		resentation of the case									
2		Ability to manage the case in the emergency department									
3	Ability	Ability to perform required therapeutic procedures									
4	Day today management of the admitted patient										
Corollar	y Grading i	n all checklis	ts: Poor-0, Satisfactory-1, Av	verage-2, Good-3, Very Good-4	•						
SI. No.	Date	IP No. /OP No.	Name of the patient	Diagnosis &treatment done	Average Grade*	Initials of Guide/ Faculty					
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Evaluati	on of EXTRAMURAL ACTIVITIES [SEMINARS & LECTURES WITH DEPARTMENTS OF SOCIOLOGY,								
PSYCH	PSYCHOLOGY, NEUROLOGY ETC.]:								
Guidelin	Guidelines for evaluation:								
SI. No.		be considered							
1		ness of history							
2	•	presentation							
3	Logical or								
4		of general physical examination							
5	Diagnosis								
6		defend diagnosis							
7		justify differential diagnosis							
8	•	plan management of the case							
Corollary	y Grading in a	ll checklists: Poor-0, Satisfactory-1, Average-2, Goo	d-3, Very Good-4.	1					
SI. No.	Date	Case History	Diagnosis	Presentation / Participation	Initial of the Guide / HOD				
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	Evaluation of UG Teaching Skills:								
	idelines for evaluation of UG Teaching skills:								
SI. No.		to be considered							
1		unication of the purpose of the talk							
2	Evokes	s the interest of audience in the subject							
3		ction & Sequence of ideas							
4		ng style [enjoyable / monotonous etc., sj	pecify]						
5	Attemp	ots audience participation							
6	Answe	r the questions asked by the audience							
7	Summa	ary of the main points at the end							
8	Rappor	rt of speaker with his audience							
9	Effecti	veness of the talk							
10	Use of	AV aids appropriately							
Corollar		in all checklists: Poor-0, Satisfactory	v-1, Average-2, 0	Good-3, Very	Good-4.				
SI. No.	Date	Topic of teaching	Class / Practical / Clincs / Demos	Average Grade*	Name of the Supervising faculty	Initials of Guide/ Faculty			
1									
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4									

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THESIS

(To be submitted for registration of the Thesis topic within six months from the date of joining the course.)

Title of the Topic:

Name of the Guide:

Name of the Co-guide(s) if any:

Guideli	Guidelines for evaluation of Thesis [Synopsis]							
SI. No.	Points t	Points to be considered						
1	Interest	shown in	selecting a topic					
2	Approp	riate revie	w of literature					
3	Discuss	ion with g	uide and other faculty					
4	Quality	of protoco	ol					
5	Prepara	tion of pro	oforma					
Corollar	y Gradin	g in all che	ecklists: Poor-0, Satisfactory-1, Average-2	2, Good-3, Very Good-4.				
			Evaluation of Thesis [Synopsis]:					
SI. No.	Date	Average Grade*	Name of the Faculty & Designation	Initials of the Faculty				

Signature of the Candidate:

Signature of the Guide

Signature of the HoD:

THESIS WORK

(To be filled before submitting the dissertation to the University & retained in this book)

Name of the Topic:

Name of the Guide(s):

Date of Registration of Thesis Topic:

Date of approval of the Thesis:

Date of Submission of Thesis:

PERIODIC EVALUATION OF THESIS WORK

Guidelin	Guidelines for periodic evaluation of Thesis					
SI. No.	Points to be	considered				
1	Periodic con	sultation with guide / co-guide				
2	Regular coll	ection of case material				
3	Discussion v	vith guide / co-guide				
4	Departmenta	al presentation of progress of work				
5	Assessment	of final output				
6	Others					
Corollar	y Grading in a	all checklists: Poor-0, Satisfactory-1, Average-2,	Good-3, Very Good-4.			
		Evaluation of Thesis:				
Date of the review	he Average Grade*	Name of the members of the review committee	Initials of the Guide			
12 th mont	th					
18 th mon	th					
24 th mont	th					
30 th mont	th					

Signature of the Candidate:

Signature of the Guide

Signature of the HoD:

COMPETENCIES TO BE LEARNT:

At the end of the course, the student should acquire the following clinical skills and be able to: become an expert in good history taking, physical examination, mental stateexamination, and able to establish rapport and counsel family members and patients on scientific basis, choose the required investigations for both short and long term management.

At the end of the course, the student should be able to:

1. Obtain a proper relevant history, and perform a humane and thorough clinical examination including detailed mental state examinations using proper communication skills.

2. Arrive at a logical working diagnosis and differential diagnosis after clinical examination.

3. Order appropriate investigations keeping in mind their relevance and cost effectiveness and obtain additional relevant information from family members to help in diagnosis and management.

4. Identify psychiatric situations calling for urgent or early intervention and refer at the optimum time to appropriate centres.

5. Write a complete case record with all necessary details.

6. Write a proper discharge summary with all relevant information.

7. Obtain informed consent for any examination/procedure.

8. Perform clinical audit. 9. Must be able to perform modified Electroconvulsive therapy (ECT).

The student, at the end of the course should be able to perform independently, the following:

1. Conduct detailed Mental Status Examination (MSE)

2. Cognitive behaviour therapy

3. Supportive psychotherapy

4. Modified ECT

5. Clinical IQ assessment

6. Management of alcohol withdrawal

- 7. Alcohol intoxication management
- 8. Opioid withdrawal management
- 9. Delirious patients
- 10. Crisis intervention

The student must be able to demonstrate approach to patient with variety of clinical presentations including following symptoms:

- 1. Auditory hallucinations
- 2. Visual hallucinations

- 3. Pseudo hallucination
- 4. Seizures true and pseudo seizure
- 5. Panic attack 6. Manic symptoms
- 7. Behavioural symptoms of schizophrenia
- 8. Catatonia
- 9. Delirium
- 10. Malingering

The student, at the end of the course should be able to perform under supervision, the following:

- 1. Behaviour therapy
- 2. Opioid intoxication management
- 3. Genetic counselling
- 4. Family therapy
- The student, at the end of the course should be able to assist the expert in the following:
- 1. Interpersonal therapy
- 2. Management of suicide attempt

SI.	Competency addressed	Nature of	Lev	el of comp achieved	etency }	Signature of the				
No.		Activity	0	PS	PI	Faculty				
	O – Observed, PUS – Performed under supervision, PI – Performed independently									
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FEEDBACK BY THE STUDENT

(To be filled up at the time of filling up of forms for University Examination. The filled up form is to be sent in a sealed envelope addressed to the Vice-Chancellor, OUHS, Bhubaneswar. It will be opened only after the student has passed.)

Name of Student: Department: Period of study: From to

Due date of examination:

Date of submission of Thesis/Topic:

Name of Guide:

Name of H.O.D.:

- i. Do you think that, your goal of pursuing post-graduate education in the subject is achieved: Yes/No
- ii. Do you think that, you have been trained adequately by the department in:

a.	Professional experience	Yes/No
b.	Academic teaching	Yes/No
c.	Recent advances	Yes/No
d.	Exposure to specialist from outside the institution	Yes/No
e.	Interaction with the patients	Yes/No
f.	Interaction with the colleagues	Yes/No
g.	Interaction with seniors	Yes/No
h.	Thesis/Research	Yes/No
i.	Article preparation	Yes/No
j.	Workshop	Yes/No
k.	Conferences	Yes/No
1.	C M E	Yes/No

- iii. Do you think that, you have been trained as a fairly competent consultant: Yes/No
- iv. Were you harassed by your guide during the training period: Yes/No, if yes Name & Type:
- v. What was the attitude of HOD?:
- vi. What was attitude of other staff members:

vii. Were you forced for anything by anybody: Money/Tuition/Gifts/Other/None, if yes then by Whom:

viii. Any comment about interaction with other depts./colleague:

- ix. Hostel:
- x. Extra-curricular activity
 - a. Sports
 - b. Cultural
- xi. Teaching aids:
- xii. Library:
 - a. Central
 - b. Department
- xiii. Work place safety:
- xiv. Deficiencies you would like to point out particularly:
- xv. Brief comments:

Signature & Date

Student appraisal form for MD in Psychiatry											
	Element	Less than Satisfactory			Satisfactory			More than satisfactory			Comments
1	Scholastic Aptitude and Learning	1	2	3	4	5	6	7	8	9	
1.1	Has Knowledge appropriate for level of training										
1.2	Participation and contribution to learning activity (e.g., Journal Club, Seminars, CME etc)										
1.3	Conduct of research and other scholarly activity assigned (e.g. Posters, publications etc.)										
1.4	Documentation of acquisition of competence (eg Log book)										
1.5	Performance in work based assessments										
1.6	Self- directed Learning										
2	Care of the patient										
2.1	Ability to provide patient care appropriate to level of training										
2.2	Ability to work with other members of the health care team										
2.3	Ability to communicate appropriately and empathetically with patients families and care givers										
2.4	Ability to do procedures appropriate for the level of training and assigned role										
2.5	Ability to record and document work accurately and appropriate for level of training										
2.6	Participation and contribution to health care quality improvement										
3	Professional attributes Responsibility and										
3.1	accountability										
3.2	Contribution to growth of learning of the team										
3.3	Conduct that is ethically appropriate and respectful at all times										
	Space for additional										
4	comments										
5	Disposition										
	Has this assessment been discussed with the trainee?	Yes	No								
	If not explain										

Name and Signature of the assesse					
Name and Signature of the assessor					
Date					